

Université de Nantes
UFR STAPS

Année universitaire 2011/2012

2^e session, 2^e semestre

Année d'études : L2 ANGLAIS
Enseignant responsable : *Catrina Chambers*

Durée de l'épreuve : *1 hr*
Documents autorisés : *No*

UE 49 : Outils et méthodes
EC 492 : Anglais

Sujet : "You are responsible for creating a new health and fitness campaign in two Nantes schools next month."

- A) Recommend a diet and exercise programme for children aged between 7 and 12 – include at least 5 different sporting activities in your answer
- B) Write a short note to parents to explain your decisions

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Année universitaire 2011/2012

2^e session, 2^e semestre

Année d'études : L2 ANGLAIS DA
Enseignant responsable : *Catrina Chambers*

Durée de l'épreuve : *1 heure30*
Documents autorisés : *Aucun*

UE 49 : Outils et méthodes
EC 492 : Anglais

Sujet : "You are responsible for creating a new health and fitness campaign in two Nantes schools next month."

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Année universitaire 2011/2012

2^e session, 1^{er} semestre

Année d'études : *L2*
Enseignant responsable : *N. CLARENS*

Durée de l'épreuve : *1h00*
Documents autorisés : *aucun*

UE 38
EC 382 Anglais

Sujet : *Voir pages suivantes*

STAPS ANGLAIS DA (rattrapage 1er semestre)

date :

name :

Paralysed Man Takes Hopeful First Steps (22nd May, 2011)

A medical breakthrough has given hope to millions of people who are unable to walk. Doctors pioneered a special procedure that electrically stimulated the spine of ex-athlete Rob Summers. Mr Summers, 25, was paralysed below the chest in a hit-and-run car accident in 2006. Professor Susan Harkema, of the Kentucky Spinal Cord Injury Research Center gave the revolutionary treatment to "dead" nerves in Mr Summers' spinal cords. He was able to move his legs and toes and take a few steps with the help of a walking frame. Dr Harkema said: "This is a breakthrough. It opens a huge opportunity to improve the daily functioning of...individuals...but we have a long road ahead." She said this is "going to have a major impact" on people with disabilities.

The treatment is called epidural stimulation. It has taken over three decades of research to get to this stage. The process works when electrical signals bypass the brain to tell the spinal cord what to do. The signals allow the limbs to function independently of the brain. Mr Summers said the treatment has been life-changing. "This procedure has completely changed my life. For someone who for four years was unable to even move a toe, to have the freedom and ability to stand on my own is the most amazing feeling," he said. He added: "My sense of well-being has changed. My physique and muscle tone has improved greatly. Most people don't even believe I'm paralysed." Five other patients are also taking part in the trial.

1. **TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- | | |
|--|-------|
| a. A new medical development allowed a paralysed man to walk a little. | T / F |
| b. The breakthrough is a special drug that stimulates the spinal cord. | T / F |
| c. The man who was paralysed hit a car while he was running. | T / F |
| d. A professor was happy that the man walked down a long road. | T / F |
| e. The research behind the breakthrough has taken 30 years. | T / F |
| f. Electrical signals moved the man's legs independently of his brain. | T / F |
| g. The man doubts if the treatment will impact his life so much. | T / F |
| h. He said a lot of people are now surprised to hear he's paralysed. | T / F |

2. **SYNONYM MATCH:** Match the following synonyms from the article.

- | | |
|-----------------|------------------|
| 1. breakthrough | a. triggered |
| 2. pioneered | b. people |
| 3. stimulated | c. go around |
| 4. spine | d. arms and legs |
| 5. individuals | e. development |
| 6. stage | f. feeling |
| 7. bypass | g. test |
| 8. limbs | h. backbone |
| 9. sense | i. step |
| 10. trial | j. innovated |

